

Fridge Condensation: A Homeowner's Quick Guide

What is normal, what is not, and what to ask before anyone books a repair

What's normal and what's not

1 A little morning moisture

Light droplets after opening the door on a humid day are common and usually clear on their own within a short time.

2 Water pooling under the drawers

Standing water that does not evaporate is worth a closer look rather than wiping up and forgetting about it.

3 Frost building up at the back wall

A frosty patch behind the shelves can point to airflow or a door that is not sealing the way it should.

Simple checks you can do

1 Check the door seal for gaps

Run a hand along the rubber gasket while the door is closed and feel for spots where air seems to slip through.

2 Watch how long the door stays open

Warm humid kitchen air meets the cold interior every time the door opens, so shorter visits mean less moisture.

3 Give shelves room to breathe

Packed shelves can block the airflow the fridge relies on to keep temperature and humidity even throughout.

Questions to ask a technician

1 Could the door seal need replacing

Ask them to check the gasket along its full length, not just the corners.

2 Is the defrost drain clear

A blocked drain can send moisture back into the fridge instead of away from it.

3 Is airflow inside the unit restricted

Ask what they would want moved or rearranged to help air circulate properly.

A few small checks usually explain the moisture. When they do not, a technician can find out why.

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